

The Longwood Martial Arts Club
is holding their spring Martial Arts Clinic/Seminar
featuring Professor Tony Maynard

Self Defense Techniques That Work in Real Life Situations

March 27, 2010

12:00 pm to 3:00 pm

Campus Recreation and Fitness Center

The event is free and open to the Longwood Community.

For information contact Lonnie Calhoun, III
calhounli@longwood.edu, 395-2395



Professor Tony Maynard is the Southern Regional Director of both Jujitsu America and the American Ju-Jitsu Association. He is a Technical Director and Past President of the U.S. Sport Ju-Jitsu Association and the founder of the American Combat Ju-Jitsu System. He is a Technical Advisor of the Small Circle Jujitsu(tm) International. A former Marine, Professor Maynard holds a 7th Dan Ju-jitsu (AJA), 6th Dan Jujitsu (JA), 4th Dan Isshin-Ryu Karate, 2nd

Dan Chito-Ryu Karate and an Ikkyu in Judo. He is certified by the Department of the Navy as a Hand-to-Hand Combat Instructor.

Professor Maynard's awards include induction into Jujitsu America's Hall of Fame, the World Martial Arts Hall of Fame and Instructor of the Year from both JA and AJA. He has also produced two videos: "American Combat Jiu-Jitsu (Hand-to-Hand Combat)" and "You Don't Have to be a Victim".

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