

West Los Angeles Police Activities League - Youth Martial Art
Program

So.Cal.Jujitsu/Jujitsu America

Stoner Ave Recreation Center

SUMMER SEMINAR

3:00– 5:00 PM

Sunday, August 24 2008

+ KID'S CLASS +

+ ADULT CLASS+

JUJITSU

Louis Mang
Mangetsu Dojo

SILAT

Chris & Patty Garcia
Westchester Seniors Center

AIKIDO

Monty Scates
Palms Budo Kai

The POOL GYM at Stoner Recreation Center 1835 Stoner Ave LA 90025
Use the Missouri Ave parking lot next to our gym

VISITORS WELCOME! Free for kids 18 and under. We would appreciate a donation of
\$5.00 by adult participants.

Join us after the seminar for our West LA PAL Martial Arts Program's

Potluck dinner picnic

5:30 PM by the POOL GYM

"Bring what you can, eat all you can!"

PAL Students and Parents – Please look at our PICNIC MEAL SIGN-UP SHEETS at the
Monday night class!

Sorry, no kitchen facilities will be open at the Recreation Center.

Contact: Keith Thomas, PAL Instructor

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