



## **JUJITSU AMERICA**

**Board Meeting & Training Clinic**

**Saturday, March 14, 2009**

**Board Meeting: 9:30am – 10:30am**

**Training Clinic: 10:30am – 12:30pm**

**Nikko Jujitsu School**

**190 Martha St.**

**San Jose, CA 95112**

**Tel: 1-408-294-4956**

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**Cost: \$10 JA members / \$15 non-members**

**Format: Two different training clinic sessions offered simultaneously**

#### **Session 1:**

**Kata & Freestyle Self-Defense Referee & Competitor Orientation – Prof. Richard Bunch**

#### **Overview:**

- Kata & Freestyle Self-Defense: Participants will be given an overview of the JA Kata & Freestyle Self-Defense competition formats, rules, and scoring. The goal of this clinic is to prepare referees and officials to participate in JA Kata, and Freestyle Self-Defense competition events and also to prepare athletes for competition in the same venues.
- **Please print and bring a copy of the JA Kata Competition Rules and Freestyle Self-Defense Competition Rules available online at:**  
<http://www.jujitsuamerica.org/sportjujitsu.php>

#### **Session 2:**

**Iaido – Sensei Elliott Rowe**

**Jujitsu – Sensei Lynel Gardner**

**We look forward to seeing you there!**