

Join us at the River of Life Dojo  
for the  
Jo Seminar



**Jo, using kata and countering using principles of Aiki Jujitsu**

Saturday, June 24<sup>th</sup>

9:30am to 12:30 then 2pm to 5

River of Life Dojo

\$20 admission

\$10 for JA members

River of Life Martial Arts and Wellness Center  
321 Morris Road  
Fort Washington PA. 19034  
[www.riveroflifecenter.com](http://www.riveroflifecenter.com)



Contact ROL for registration and for  
more information.

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